

May 2018

"Stay hydrated, stay healthy, and stay active."
- Winning slogan by Sixto at St. Joseph Pro-Cathedral School

Lunch ELEMENTARY

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

289 Pancakes with Sausage
634 Hash Brown
635 Calypso Crush Vegetable Juice
670 Fresh Fruit

30

Tuesday

253 Hot Dog with French Fries & 907 Hot Dog Bun
611 Bagged Baby Carrots
670 Fresh Fruit
991 "Despicable Me" Honey Grahams

1

Wednesday

200 Hamburger
524 Corn Cobbette
603 Maple Baked Beans
752 Fruit Punch Juice
914 Hamburger Bun

2

Thursday

265 Chicken Ranch Flatbread
706 Romaine Salad with Cherry Tomatoes
749 Apple Cherry Juice
990 Chocolate Chip Cookie

3

Friday

255 Cheese Stuffed Breadsticks
622 Marinara Sauce
631 Cherry Star Vegetable Juice
670 Fresh Fruit

4

271 Spaghetti & Meatballs
670 Fresh Fruit
901 Honey Biscuit

7

234 Chicken Tenders with Potato Wedges
631 Cherry Star Vegetable Juice
695 Strawberry Mango Sidekick

8

263 5" Round Cheese Pizza
611 Bagged Baby Carrots
542 Harvest Pumpkin Hummus
670 Fresh Fruit

9

233 Popcorn Chicken with Sweet & Sour Brccoli
708 Romaine Salad & Chickpeas
640 Red Seedless Grapes
901 Honey Biscuit

10

281 Salisbury Steak & Gravy
610 Mashed Potatoes
635 Calypso Crush Veg. Juice
670 Fresh Fruit
914 Hamburger Bun

11

211 Sloppy Joe
626 Sweet Garlic Peas
670 Fresh Fruit
914 Hamburger Bun
932 Cinnamon Scooby Snacks

14

217 Teriyaki Chicken with Rice
635 Calypso Crush Vegetable Juice
624 Garlic Green Beans
670 Fresh Fruit

15

205 Popcorn Chicken
704 French Fries
685 "Happy Birthday" Water Ice
992 Oatmeal Cookie

16

253 Hot Dog with French Fries & 907 Hot Dog Bun
603 Maple Baked Beans
670 Fresh Fruit

17

223 Veggie Pinwheel
706 Romaine Salad with Cherry Tomatoes
670 Fresh Fruit
929 Cinnamon Elf Grahams

18

234 Chicken Tenders with Potato Wedges
611 Bagged Baby Carrots
542 Pumpkin Hummus
694 Kiwi Strawberry Sidekick

21

292 Penne Pasta with Meat Sauce
750 Apple Juice
908 Dinner Roll

22

264 4x6" Cheese Pizza
634 Hash Browns
697 Bagged Sliced Apples

23

251 Chicken Nuggets
708 Romaine Salad with Spinach & Chickpeas
641 Fresh Cut Pineapple
932 Cinnamon Scooby Snacks

24

NO SCHOOL

25

MEMORIAL DAY

28

282 Chicken Fries with Tri-Tators
603 Maple Baked Beans
647 Dole Mandarin Orange Cup

29

201 Cheeseburger
634 Hash Browns
631 Cherry Star Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

30

234 Chicken Tenders with Potato Wedges
635 Calypso Crush Veg. Juice
670 Fresh Fruit
991 "Despicable Me" Grahams

31

227 BBQ Chicken/Cheese Wrap
706 Romaine Salad with Cherry Tomatoes
670 Fresh Fruit
992 Oatmeal Cookie

1