

February 2018

"Fill your cart for a healthy heart!"
- Winning slogan by Erin at Our Lady of Port Richmond School

Lunch ELEMENTARY

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

MONDAY

5
289 Pancakes with Sausage
634 Hash Browns
635 Calypso Crush Vegetable Juice
670 Fresh Fruit

12
271 Spaghetti with Meatballs
670 Fresh Fruit
901 Honey Biscuits

19
NO SCHOOL

26
234 Chicken Tenders with Potato Wedges
611 Bagged Baby Carrots
545 Cranberry Orange Hummus
694 Kiwi & Strawberry Sidekick

TUESDAY

6
253 Hot Dog with French Fries & 907 Hot Dog Bun
611 Bagged Baby Carrots
670 Fresh Fruit
991 "Despicable Me" Honey Grahams

13
234 Chicken Tenders with Potato Wedges
631 Cherry Star Vegetable Juice
695 Strawberry & Mango Sidekick

20
217 Teriyaki Chicken with Rice
635 Calypso Crush Vegetable Juice
624 Garlic Butter Green Beans
670 Fresh Fruit

27
273 Rollini Bake
750 Apple Juice
908 Dinner Roll

WEDNESDAY

7
201 Cheeseburger
524 Corn Cobbeite
603 Maple Baked Beans
752 Fruit Punch Juice
914 Hamburger Bun

14
218 Mozzarella Pinwheel
611 Bagged Baby Carrots
540 Garlic Hummus
685 Cherry Sweet Heart Water Ice
993 Heart Cookie

21
253 Hot Dog with French Fries & 907 Hot Dog Bun
603 Maple Baked Beans
670 Fresh Fruit

28
264 4x6" Cheese Pizza
634 Hash Browns
697 Bagged Apple Slices

THURSDAY

New
8
265 Chicken Ranch Flatbread Pizza
706 Romaine Salad with Cherry Tomatoes
749 Apple Cherry Juice
990 Chocolate Chip Cookie

New
15
233 Popcorn Chicken with Sweet & Sour Broccoli
704 French Fries
752 Fruit Punch Juice
901 Honey Biscuits

22
205 Popcorn Chicken
634 Hash Browns
631 Cherry Star Vegetable Juice
670 Fresh Fruit
904 Wheat Bread

1
251 Chicken Nuggets
708 Romaine Salad with Spinach and Chickpeas
670 Fresh Fruit
932 Keebler Scooby Snacks

FRIDAY

9
255 Cheese Stuffed Breadsticks
682 Marinara Sauce
631 Cherry Star Vegetable Juice
670 Fresh Fruit

16
NO SCHOOL

23
203 Mac & Cheese
706 Romaine Salad with Cherry Tomatoes
752 Fruit Punch Juice
914 Hamburger Bun OR
903 Maple Biscuit

2
223 Veggie Pinwheel
682 Marinara Sauce
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
932 Keebler Scooby Snacks



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www.nutritionaldevelopmentalservices.org



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Archdiocese of Philadelphia

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