

January 2018

– Winning slogan by Briana at St. Joseph Pro-Cathedral School

Lunch ELEMENTARY

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

8
224 Chicken Nuggets with Sweet Potatoes
629 Corn & Carrots
695 Strawberry Mango Sidekick
901 Honey Biscuits

Martin Luther King Jr. Day

22
273 Rotini Bake
684 Watermelon Applesauce
908 Dinner Roll

29
03 Mac & Cheese
611 Bagged Baby Carrots
545 Cranberry Orange Hummus
670 Fresh Fruit

Tuesday

9
263 5" Round Cheese Pizza
631 Cherry Star Vegetable Juice
670 Fresh Fruit

16
289 Pancakes with Sausage
635 Calypso Crush Vegetable Juice
634 Hash Browns
670 Fresh Fruit

30
205 Popcorn Chicken
704 French Fries
752 Fruit Punch Juice
991 "Despicable Me" Graham Crackers

Wednesday

10
234 Chicken Tenders with Potato Wedges
603 Maple Baked Beans
752 Fruit Punch Juice
990 Chocolate Chip Cookie

17
294 Meatballs with Sauce
624 Mediterranean Green Beans
750 Apple Juice
907 Hot Dog Bun

31
289 Pancakes with Sausage
634 Hash Browns
631 Cherry Star Vegetable Juice
670 Fresh Fruit

Thursday

11
251 Chicken Nuggets & 904 Wheat Bread
706 Romaine Salad with Cherry Tomatoes
670 Fresh Fruit

18
276 BBQ Chicken Fajita
631 Cherry Star Vegetable Juice
696 Raisins
914 Hamburger Bun

25
263 5" Round Cheese Pizza
706 Romaine Salad with Cherry Tomatoes
670 Fresh Fruit

1
217 Teriyaki Chicken with Rice
708 Romaine Salad with Chickpeas
749 Apple Cherry Juice
929 Keebler Elf Grahams

Friday

12
271 Spaghetti with Meatballs
687 Happy Birthday Rosati
Water Ice
908 Dinner Roll

19
218 Mozzarella Pinwheel
708 Romaine Salad with Chickpeas
670 Fresh Fruit
991 "Despicable Me" Graham Crackers

26
211 Sloppy Joe
635 Calypso Crush Vegetable Juice
647 Dole Mandarin Oranges
914 Hamburger Bun

2
218 Mozzarella Pinwheel
682 Marinara Sauce
635 Calypso Crush Vegetable Juice
640 Red Seedless Grapes