

October 2017

"Healthy Eating = Long Lasting Life." –
– Winning slogan by Hanna at Visitation BVM School

Lunch ELEMENTARY

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

234 Chicken Tenders with Potato Wedges
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
932 Keebler Scooby Snacks

253 Hot Dog with French Fries & 907 Hot Dog Bun
603 Maple Baked Beans
749 Apple Cherry Juice

201 Cheeseburger
603 Maple Baked Beans
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

218 Mozzarella Pinwheel
682 Marinara Sauce
635 Calypso Crush Vegetable Juice
670 Fresh Fruit

234 Chicken Tenders with Potato Wedges
603 Maple Baked Beans
685 Rosati Italian Water Ice
919 "Frozen" Cinnamon Graham

Tuesday

201 Cheeseburger
603 Maple Baked Beans
631 Cherry Star Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

217 Teriyaki Chicken with Rice
524 Corn Cobbeite
631 Cherry Star Vegetable Juice
609 Dole Mixed Fruit Cup

271 Spaghetti with Meatballs
750 Apple Juice
908 Dinner Roll

282 Chicken Fries with Tri-Tators
603 Maple Baked Beans
697 Sliced Apples
990 Chocolate Chip Cookie

252 Cheeseburger Mac
611 Bagged Baby Carrots
631 Cherry Star Vegetable Juice
688 Applesauce

Wednesday

271 Spaghetti with Meatballs
750 Apple Juice
908 Dinner Roll

289 Pancakes with Sausage
634 Hash Browns
635 Calypso Crush Vegetable Juice
670 Fresh Fruit

255 Cheese Stuffed Breadsticks
682 Marinara Sauce
631 Cherry Star Vegetable Juice
670 Fresh Fruit

217 Teriyaki Chicken with Rice
625 Sweet Maple Carrots
631 Cherry Star Vegetable Juice
670 Fresh Fruit

286 Meatloaf with Gravy
524 Corn Cobbeite
635 Calypso Crush Veg Juice
670 Fresh Fruit
904 Wheat Bread

Thursday

263 5" Round Pizza
606 Fresh Romaine Salad
752 Fruit Punch Juice

286 Meatloaf with Gravy
611 Bagged Baby Carrots
541 Chocolate or Garlic Hummus
641 Fresh Pineapple
904 Wheat Bread

205 Popcorn Chicken
704 French Fries
749 Apple Cherry Juice
992 Oatmeal Cookie

210 Crispy Chicken Fillet
634 Hash Browns
606 Fresh Romaine Salad
651 Fresh Watermelon
914 Hamburger Bun

263 5" Round Cheese Pizza
606 Fresh Romaine Salad
750 Apple Juice

Friday

205 Popcorn Chicken
704 French Fries
904 Sliced Apples
904 Wheat Bread

218 Mozzarella Pinwheel
606 Fresh Romaine Salad
682 Marinara Sauce
670 Fresh Fruit

227 BBQ Chicken & Cheese Wrap
606 Fresh Romaine Salad
611 Bagged Baby Carrots
608 Dole Tropical Fruit Cup

294 Meatballs with Sauce
624 Mediterranean Green Beans
694 Kiwi & Strawberry Sidekick
907 Hot Dog Bun

251 Chicken Nuggets
704 French Fries
670 Fresh Fruit
932 Scooby Snacks